

PARK HOLIDAYS 

ALLERGENS LIST



BREAKFAST

	Contains Peanuts	Contains Other Nuts	Contains Eggs	Contains Fish	Contains Crusta-Ceans	Contains Molluscs	Contains Milk	Contains Soya	Contains Wheat	Contains Barley	Contains Oats	Contains Rye	Contains Spelt	Contains Kamut	Contains Sesame	Contains Celery	Contains Mustard	Contains Luppin	Contains Sulphites	Contains Gluten	
FULL MONTY BREAKFAST			YES				YES	YES	YES	YES	YES	YES	YES							YES	YES
LIGHT BREAKFAST			YES				YES	YES	YES	YES	YES	YES	YES							YES	YES
VEGETARIAN BREAKFAST			YES				YES	YES	YES	YES	YES	YES	YES								YES
CONTINENTAL BREAKFAST	YES	YES					YES	YES	YES	YES	YES	YES	YES								YES
EGGS BENEDICT			YES				YES	YES	YES						YES						YES
WAFFLES	YES	YES	YES				YES	YES	YES						YES			YES			YES
BACON, SAUSAGE & EGG BUN			YES						YES	YES	YES	YES			YES					YES	YES
SAUSAGE & EGG BUN			YES						YES	YES	YES	YES			YES					YES	YES
BACON & EGG BUN			YES						YES	YES	YES	YES			YES						YES
DOUBLE BACON BUN									YES	YES	YES	YES			YES						YES
DOUBLE SAUSAGE BUN									YES	YES	YES	YES			YES					YES	YES
DOUBLE EGG BUN			YES						YES	YES	YES	YES			YES						YES

EXTRAS

	Contains Peanuts	Contains Other Nuts	Contains Eggs	Contains Fish	Contains Crusta-Ceans	Contains Molluscs	Contains Milk	Contains Soya	Contains Wheat	Contains Barley	Contains Oats	Contains Rye	Contains Spelt	Contains Kamut	Contains Sesame	Contains Celery	Contains Mustard	Contains Luppin	Contains Sulphites	Contains Gluten	
EGG			YES																		
SAUSAGE									YES											YES	YES
BACON																					
BEANS																					
TOMATO																					
H/BROWNS																					
SLICED MUSHROOMS																					
BLACK PUDDING							YES	YES	YES		YES										YES
CORN FLAKES AND MILK							YES			YES											YES
RICE CRISPIES AND MILK							YES			YES											YES
ALPEN AND MILK	YES	YES					YES		YES	YES	YES										YES
WEETABIX AND MILK							YES		YES	YES											YES
SPECIAL K AND MILK							YES		YES	YES											YES
COCO POPS AND MILK							YES			YES											YES
FRUIT AND FIBRE AND MILK	YES	YES					YES		YES	YES											YES
CRUNCHY NUT AND MILK	YES	YES					YES			YES											YES
ORANGE JUICE																					
APPLE JUICE																					
TOAST AND BUTTER							YES	YES	YES	YES	YES	YES	YES								YES
TOAST AND JAM							YES	YES	YES	YES	YES	YES	YES								YES

LUNCH BITES

	Contains Peanuts	Contains Other Nuts	Contains Eggs	Contains Fish	Contains Crusta-Ceans	Contains Molluscs	Contains Milk	Contains Soya	Contains Wheat	Contains Barley	Contains Oats	Contains Rye	Contains Spelt	Contains Kamut	Contains Sesame	Contains Celery	Contains Mustard	Contains Luppin	Contains Sulphites	Contains Gluten	
JACKET POTATO			YES	YES																	
TOMATO SOUP		YES		YES			YES	YES	YES												
PANINI'S			YES				YES	YES	YES						YES	YES	YES				YES

SIDES

	Contains Peanuts	Contains Other Nuts	Contains Eggs	Contains Fish	Contains Crusta-Ceans	Contains Molluscs	Contains Milk	Contains Soya	Contains Wheat	Contains Barley	Contains Oats	Contains Rye	Contains Spelt	Contains Kamut	Contains Sesame	Contains Celery	Contains Mustard	Contains Luppin	Contains Sulphites	Contains Gluten	
DIRTY HOUSE FRIES							YES	YES													
BOMBAY CHICKEN FRIES			YES				YES	YES	YES	YES	YES	YES	YES			YES	YES				
BEER BATTERED ONION RINGS									YES												YES
CHEESY GARLIC BREAD							YES	YES	YES												YES
GARLIC BREAD							YES	YES	YES												YES
MIXED GREEN VEGETABLES																					
COLESLAW			YES																		
BOWL OF CHIPS																					

PIZZA

	Contains Peanuts	Contains Other Nuts	Contains Eggs	Contains Fish	Contains Crusta-Ceans	Contains Molluscs	Contains Milk	Contains Soya	Contains Wheat	Contains Barley	Contains Oats	Contains Rye	Contains Spelt	Contains Kamut	Contains Sesame	Contains Celery	Contains Mustard	Contains Luppin	Contains Sulphites	Contains Gluten	
3 CHEESE TOMATO PIZZA			YES				YES		YES	YES											YES
PERFECT PEPPERONI PIZZA			YES				YES		YES	YES											YES
BBQ CHICKEN PIZZA			YES				YES	YES	YES	YES						YES					YES

CHIP SHOP

	Contains Peanuts	Contains Other Nuts	Contains Eggs	Contains Fish	Contains Crustaceans	Contains Molluscs	Contains Milk	Contains Soya	Contains Wheat	Contains Barley	Contains Oats	Contains Rye	Contains Spelt	Contains Kamut	Contains Sesame	Contains Celery	Contains Mustard	Contains Lupin	Contains Sulphites	Contains Gluten
HADDOCK				YES					YES											YES
FISH CAKE				YES			YES		YES								YES			YES
CHIPS CONE																				
CHIPS REGULAR																				
CHIP BAP			YES				YES		YES						YES					YES
SAUSAGE																			YES	YES
BATTERED SASUAGE																			YES	YES
RED PUDDING							YES	YES	YES	YES									YES	YES
BLACK PUDDING							YES	YES	YES		YES									YES
WHITE PUDDING							YES	YES	YES		YES									YES
SQUARE SAUSAGE							YES	YES	YES	YES									YES	YES
HAGGIS			YES					YES	YES		YES									YES
CHICKEN BITES							YES		YES											YES
BEEF AND ONION PIE							YES	YES	YES	YES										YES
STEAK & KIDNEY PIE							YES	YES	YES	YES						YES				YES
CHICKEN & MUSH PIE			YES				YES	YES	YES	YES						YES				YES
BAP			YES				YES		YES		YES	YES			YES					YES
GHERKIN																			YES	YES
PICKLED ONION																			YES	YES
MUSHY PEAS																				
BEANS																				
GRAVY							YES	YES												
CURRY SAUCE			YES				YES	YES								YES	YES			YES
COD				YES					YES											YES
SAVELOY								YES	YES										YES	YES
BEANS																				
CHEESE							YES													
MUSHY PEAS																				
CURRY SAUCE			YES				YES	YES								YES	YES			YES

KIDS

	Contains Peanuts	Contains Other Nuts	Contains Eggs	Contains Fish	Contains Crustaceans	Contains Molluscs	Contains Milk	Contains Soya	Contains Wheat	Contains Barley	Contains Oats	Contains Rye	Contains Spelt	Contains Kamut	Contains Sesame	Contains Celery	Contains Mustard	Contains Lupin	Contains Sulphites	Contains Gluten
MINI CHEESEBURGER			YES				YES		YES						YES					YES
PASTA BAKE VEGI/VG																				
FISH IN GF BATTER				YES																
CHICKEN BREAST BITES									YES											YES
CHIPS																				
GARLIC BREAD							YES	YES	YES											YES
SIDE SALAD																				
PEAS																				
CORN COBETTES																				
BEANS																				
2 SCOUPS ICE CREAM			YES				YES	YES	YES											YES
FAB LOLLY	YES	YES					YES	YES												
BEAR YO YO																				
MINI DOUGHNUTS			YES				YES	YES	YES											YES

HOT DRINKS

	Contains Peanuts	Contains Other Nuts	Contains Eggs	Contains Fish	Contains Crustaceans	Contains Molluscs	Contains Milk	Contains Soya	Contains Wheat	Contains Barley	Contains Oats	Contains Rye	Contains Spelt	Contains Kamut	Contains Sesame	Contains Celery	Contains Mustard	Contains Lupin	Contains Sulphites	Contains Gluten
LATTE							YES													
HOT CHOC							YES													
TEA							YES													
MACHIATO							YES													
CAPUCCINO							YES													
AMERICANO																				
ESPRESSO																				

SOFT DRINKS

	Contains Peanuts	Contains Other Nuts	Contains Eggs	Contains Fish	Contains Crustaceans	Contains Molluscs	Contains Milk	Contains Soya	Contains Wheat	Contains Barley	Contains Oats	Contains Rye	Contains Spelt	Contains Kamut	Contains Sesame	Contains Celery	Contains Mustard	Contains Lupin	Contains Sulphites	Contains Gluten
COKE ZERO																				
DIET COKE																				
FANTA																				
SLUSH																				
LEMONADE																				
SLURP STRAW			YES				YES	YES												YES
CORDIALS																				
SLURP CHOC			YES				YES	YES												YES

We take great care to prevent cross-contamination when preparing food, however please be aware that all our dishes are prepared in kitchens where all known allergens are present, therefore we cannot guarantee that any food item is completely free from allergens.

IF YOU CANNOT FIND THAT DISH THAT YOU WANT PLEASE ASK A MANAGER FOR FURTHER INFORMATION.