

FULL ENGLISH BREAKFAST 807 kcal 8.9 2 fried eggs, double bacon, a couple of sausages, tinned tomatoes & baked beans with toast & butter.

LIGHT BREAKFAST 480 kcal 6.9 A fried egg, bacon, sausage, tinned tomatoes or baked beans with toast & butter.

VEGETARIAN BREAKFAST 444 kcal 6.9 A fried egg, hash brown, tinned tomatoes & baked beans with toast & butter. Or swap the egg for a plant based Cumberland sausage

CONTINENTAL BREAKFAST 507 kcal

A choice of cereal served with cold milk & a choice of apple or orange juice, served with toast, butter & preserves.

EGGS BENEDICT 724 kcal 2 slices of prime back bacon and 2 poached eggs, served on an english muffin, topped with hollandaise sauce



6.7

es & Special

ESPRESSO 5 kcal	2.7	EARL GREY TEA 10 kcal	2.7
AMERICANO 10 kcal	2.9	DECAFFEINATED TEA 10 kcal	2.7
CAFFE LATTE 50 kcal	3.1	BREAKFAST TEA 10 kcal	2.7
MACCHIATO 15 kcal	2.9	LEMON TEA 10 kcal	2.7
CAPPUCCINO 50 kcal	3.1	PEPPERMINT TEA 10 kcal	2.7
CAFFE MOCHA 125 kcal	3.1	GREEN TEA 10 kcal	2.7









HOT CHOCOLATE 200 kcal





