

Enfamil® Sensitive Infant Formula Powder Dilutions Per 1 Scoop

Note: Powdered products are not commercially sterile and should not be used for immunocompromised patients, unless clinically required, and then under strict medical supervision of preparation and use.

Calories Desired		1 Scoop Powder added to indicated Volume of Water*		Formula Yield	
Per mL	Per fl oz	mL	fl oz	mL	fl oz
0.68	20	59	2.0	66	2.2
0.74	22	53	1.8	60	2.0
0.81	24	48	1.6	55	1.9
0.88	26	44	1.5	51	1.7
0.91	27	42	1.4	49	1.6
0.95	28	40	1.4	47	1.6
1.01	30	37	1.3	44	1.5

Product should be measured with **unpacked**, level scoops, using the scoop enclosed in the can.

When accuracy is essential, water should be measured in mL, and powder should be weighed rather than measured.

*Fluid ounce measures are provided for convenience when larger variance in prepared dilution is acceptable. Fluid ounce measures in above table are rounded to nearest 0.1 fluid ounce.

Powders mix best when added on top of water. Then close bottle and shake for about 5 seconds. The number of scoops and the amount of water to add can be doubled or tripled to make a larger volume.

One scoop (8.9g) has 45 Calories and displaces about 0.2 fl oz water.

One gram has 5.0 Calories and displaces 0.77 mL fluid.

One unpacked leveled household measuring cup has about 108 grams; one unpacked leveled Tablespoon has about 6.8 grams; one unpacked leveled teaspoon has about 2.3 grams.

One-half fl oz of water can be measured using one tablespoon (1/2 fl oz water = 1 Tbsp water).

One fl oz = 29.57 mL.