

Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ EnfaCare®



## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE  
**20** Calories  
per fluid  
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	2 Scoops + 1 teaspoon (tsp)
<input type="checkbox"/>	11 fl oz	+	5 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro EnfaCare powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ EnfaCare®



## Breast Milk Fortification

### With Enfamil NeuroPro EnfaCare Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**22** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**22** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 Scoop

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro EnfaCare powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ EnfaCare®



## Breast Milk Fortification

### With Enfamil NeuroPro EnfaCare Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE  
**24** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE  
**24** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	9 fl oz	+	5 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro EnfaCare powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ EnfaCare®



## Breast Milk Fortification

### With Enfamil NeuroPro EnfaCare Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE  
**27** Calories  
per fluid  
ounce

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE  
**27** Calories  
per fluid  
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	8 fl oz	+	5 Scoops + 1 teaspoon (tsp)

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro EnfaCare powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ EnfaCare®



## Breast Milk Fortification

### With Enfamil NeuroPro EnfaCare Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**30** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp) + 1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**30** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5.5 fl oz	+	4 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro EnfaCare powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ Infant

## Breast Milk Fortification

### with Enfamil NeuroPro Infant Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Infant fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**22** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**22** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	9 fl oz	+	5 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Infant powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ Infant

## Breast Milk Fortification

### with Enfamil NeuroPro Infant Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Infant fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**24** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**24** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	6.5 fl oz	+	4 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Infant powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ Infant

## Breast Milk Fortification

### with Enfamil NeuroPro Infant Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Infant fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**27** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**27** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	6 fl oz	+	4 Scoops + 1 teaspoon (tsp)

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Infant powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ Infant

## Breast Milk Fortification

### with Enfamil NeuroPro Infant Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Infant fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**30** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**30** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	4 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Infant powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ Gentlease®



## Breast Milk Fortification

### with Enfamil NeuroPro Gentlease Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Gentlease fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**22** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**22** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	9 fl oz	+	5 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Gentlease powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ Gentlease®



## Breast Milk Fortification

### with Enfamil NeuroPro Gentlease Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Gentlease fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE  
**24** Calories  
per fluid  
ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE  
**24** Calories  
per fluid  
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	5 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Gentlease powder should be measured with **unpackaged**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ Gentlease®



## Breast Milk Fortification

### with Enfamil NeuroPro Gentlease Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Gentlease fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**

**27** Calories  
per fluid  
ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**

**27** Calories  
per fluid  
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	5 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Gentlease powder should be measured with **unpack**ed, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ Gentlease®



## Breast Milk Fortification

### with Enfamil NeuroPro Gentlease Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Gentlease fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**30** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**30** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	4 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Gentlease powder should be measured with **unpacke**d, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Nutramigen® with Enflora™ LGG®\* Toddler

## Increased Calorie Mixing Instructions

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.



TO MAKE <b>24</b> Calories per fluid ounce:	✓	Initial Water Volume (fluid oz)		Powder to Add
	<input type="checkbox"/>	8 fl oz	+	5 Scoops, packed

TO MAKE <b>27</b> Calories per fluid ounce:	✓	Initial Water Volume (fluid oz)		Powder to Add
	<input type="checkbox"/>	7 fl oz	+	5 Scoops, packed

TO MAKE <b>30</b> Calories per fluid ounce:	✓	Initial Water Volume (fluid oz)		Powder to Add
	<input type="checkbox"/>	5 fl oz	+	4 Scoops, packed

**Note:** Nutramigen with Enflora LGG Toddler powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



\* LGG® is a registered trademark of Chr. Hansen A/S.

Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# PurAmino™ Jr.

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.



	✓	Initial Water Volume (fluid oz)		Powder to Add
<b>TO MAKE</b> <b>40</b> Calories per fluid ounce:	<input type="checkbox"/>	2 fl oz	+	3 Scoops

	✓	Initial Water Volume (fluid oz)		Powder to Add
<b>TO MAKE</b> <b>45</b> Calories per fluid ounce:	<input type="checkbox"/>	3 fl oz	+	5 Scoops + 1 teaspoon (tsp)

**Note:** PurAmino Jr. powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.

PURAMINO™

Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Nutramigen® with Enflora™ LGG®\*



## Breast Milk Fortification

### with Nutramigen with Enflora LGG Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Nutramigen with Enflora LGG fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**22** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**22** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	9 fl oz	+	5 Scoops, packed

**Note:** All household measurements are approximations and should be packed and level. Nutramigen with Enflora LGG powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



\* LGG® is a registered trademark of Chr. Hansen A/S.

Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Nutramigen® with Enflora™ LGG®\*



## Breast Milk Fortification

### with Nutramigen with Enflora LGG Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Nutramigen with Enflora LGG fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE  
**24** Calories  
per fluid  
ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE  
**24** Calories  
per fluid  
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	3 Scoops, packed

**Note:** All household measurements are approximations and should be packed and level. Nutramigen with Enflora LGG powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



\* LGG® is a registered trademark of Chr. Hansen A/S.

Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Nutramigen® with Enflora™ LGG®\*



## Breast Milk Fortification

### with Nutramigen with Enflora LGG Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Nutramigen with Enflora LGG fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**27** Calories  
per fluid  
ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 2 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**27** Calories  
per fluid  
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	8 fl oz	+	5 Scoops, packed + 2 teaspoon (tsp)

**Note:** All household measurements are approximations and should be packed and level. Nutramigen with Enflora LGG powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



\* LGG® is a registered trademark of Chr. Hansen A/S.

Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Nutramigen® with Enflora™ LGG®\*



## Breast Milk Fortification

### with Nutramigen with Enflora LGG Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Nutramigen with Enflora LGG fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**30** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp) + 1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**30** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	5 Scoops, packed + 2 teaspoon (tsp)

**Note:** All household measurements are approximations and should be packed and level. Nutramigen with Enflora LGG powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



\* LGG® is a registered trademark of Chr. Hansen A/S.

Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil A.R.™

## Breast Milk Fortification

### with Enfamil A.R. Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil A.R. fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**

**22** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**

**22** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	4 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil A.R. powder should be measured with **unpackaged**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil A.R.™

## Breast Milk Fortification

### with Enfamil A.R. Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil A.R. fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**24** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**24** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	6.5 fl oz	+	4 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil A.R. powder should be measured with **unpacke**d, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil® Reguline®

## Breast Milk Fortification

### with Enfamil Reguline Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil Reguline fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**22** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**22** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	4 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil Reguline powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil® Reguline®

## Breast Milk Fortification

### with Enfamil Reguline Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil Reguline fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**24** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**24** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	6.5 fl oz	+	4 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil Reguline powder should be measured with **unpacke**d, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil® Reguline®

## Breast Milk Fortification

### with Enfamil Reguline Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil Reguline fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**

**27** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**

**27** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	5 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil Reguline powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil® Reguline®

## Breast Milk Fortification

### with Enfamil Reguline Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil Reguline fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**30** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**30** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2.5 fl oz	+	2 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil Reguline powder should be measured with **unpacke**d, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ Sensitive



## Breast Milk Fortification

### with Enfamil NeuroPro Sensitive Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Sensitive fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**22** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**22** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5.5 fl oz	+	3 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Sensitive powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ Sensitive



## Breast Milk Fortification

### with Enfamil NeuroPro Sensitive Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Sensitive fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**24** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**24** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	6.5 fl oz	+	4 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Sensitive powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ Sensitive



## Breast Milk Fortification

### with Enfamil NeuroPro Sensitive Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Sensitive fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**27** Calories  
per fluid  
ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**27** Calories  
per fluid  
ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	5 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Sensitive powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil NeuroPro™ Sensitive



## Breast Milk Fortification

### with Enfamil NeuroPro Sensitive Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro Sensitive fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**30** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**30** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	4 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil NeuroPro Sensitive powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil® ProSobee®

## Breast Milk Fortification

### with Enfamil ProSobee Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil ProSobee fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**22** Calories  
per fluid  
ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**22** Calories  
per fluid  
ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5.5 fl oz	+	3 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil ProSobee powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil® ProSobee®

## Breast Milk Fortification

### with Enfamil ProSobee Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil ProSobee fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE  
**24** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE  
**24** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	3 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil ProSobee powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil® ProSobee®

## Breast Milk Fortification

### with Enfamil ProSobee Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil ProSobee fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**27** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 2 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**27** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	5 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil ProSobee powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Enfamil® ProSobee®

## Breast Milk Fortification

### with Enfamil ProSobee Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil ProSobee fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**30** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp) + 1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**30** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	4 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. Enfamil ProSobee powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_



# PurAmino™

## Breast Milk Fortification

### With PurAmino Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**22** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**22** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4.5 fl oz	+	5 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. PurAmino powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_



# PurAmino™

## Breast Milk Fortification

### With PurAmino Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE  
**24** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE  
**24** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	5 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. PurAmino powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.

PURAMINO™

Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# PurAmino™

## Breast Milk Fortification

### With PurAmino Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**27** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**27** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	3.5 fl oz	+	5 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. PurAmino powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.

PURAMINO™

Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_



# PurAmino™

## Breast Milk Fortification

### With PurAmino Mixing Instructions

Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

**TO MAKE**  
**30** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2 fl oz	+	2 teaspoon (tsp)
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 Tablespoon (Tbsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

**TO MAKE**  
**30** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	2.5 fl oz	+	4 Scoops

**Note:** All household measurements are approximations and should be unpacked and level. PurAmino powder should be measured with **unpacked**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be lightly higher due to displacement from powder.

PURAMINO™

Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Pregestimil®

## Breast Milk Fortification

### With Pregestimil Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE  
**22** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE  
**22** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	9 fl oz	+	5 Scoops, packed

**Note:** All household measures are approximations and should be packed and level. Pregestimil powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

# Pregestimil®

## Breast Milk Fortification

### With Pregestimil Mixing Instructions



Human milk fortifier is the only product intended to fortify breast milk, as the Enfamil NeuroPro EnfaCare fortification recipes below are provided as a courtesy. They are based on calculated results of mixing—they are not clinically or analytically tested.

In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE  
**24** Calories per fluid ounce:

✓	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	2 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE  
**24** Calories per fluid ounce:

✓	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	8 fl oz	+	5 Scoops, packed

**Note:** All household measures are approximations and should be packed and level. Pregestimil powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Healthcare Provider: \_\_\_\_\_

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In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE  
**27** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	2 teaspoon (tsp) + ½ teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE  
**27** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	7 fl oz	+	5 Scoops, packed

**Note:** All household measures are approximations and should be packed and level. Pregestimil powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.



Patient: \_\_\_\_\_

Date: \_\_\_\_\_

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## Breast Milk Fortification

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In place of the preparation chart on the can, use the checked boxes for your specific recipe for breast milk and powder. Follow the **Powder Storage** instructions on the back of the can.

TO MAKE  
**30** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Breast Milk Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	4 fl oz	+	1 Tablespoon (Tbsp) + 1 teaspoon (tsp)
<input type="checkbox"/>	6 fl oz	+	1 Tablespoon (Tbsp) + 2 teaspoon (tsp)

## Formula Mixing Instructions Using Water

Follow the instructions for preparation and use on the back of the can, **except**, in place of the chart on the can, use the checked boxes for your specific recipe for water and powder.

TO MAKE  
**30** Calories per fluid ounce:

<input checked="" type="checkbox"/>	Initial Water Volume (fluid oz)		Powder to Add
<input type="checkbox"/>	5 fl oz	+	4 Scoops, packed

**Note:** All household measures are approximations and should be packed and level. Pregestimil powder should be measured with **packed**, level scoops. Gram weights are the most accurate for meeting target caloric density. Final volumes will be slightly higher due to displacement from powder.

