

Pregestimil® Infant Formula Powder

Yields about 1 quart

Note: Powdered products are not commercially sterile and should not be fed to premature or immunocompromised infants, unless clinically required, and then under strict medical supervision of preparation and use.

Calories Desired	Amount of Powder (grams)	Amount of Water
Cal/fl oz	(Approximate Household Measures*)	Fluid Ounces
20	128 g (3/4 cup + 2 Tbsp + 1 3/4 tsp)	28.5
22	141 g (1 cup + 1/4 tsp)	28.5
24	154 g (1 cup + 1 Tbsp + 1 3/4 tsp)	28
26	166 g (1 cup + 2 Tbsp + 2 3/4 tsp)	27.5
27	173 g (1 cup + 3 Tbsp + 2 1/4 tsp)	27.5
28	179 g (1 1/4 cup + 1 1/4 tsp)	27.5
30	192 g (1 1/3 cup + 1 3/4 tsp)	27

*Household measure is a ***packed, level*** measure.

Weighing powder products provides the most accurate final preparation. Approximated household measurements are provided as a convenience when a precise dilution is not required.

One-half fl oz of water can be measured using one tablespoon (1 Tbsp water = 1/2 fl oz water).