

Enfamil^(R) Enspire^(TM) Infant Formula Powder Mixing Instructions for Various Concentrations and Volume Yields

NOTE: Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by the baby's doctor. See the product label for complete storage and use information.

	Final Volume, mL	120	240	360	480	600	720	840	960	1000
Desired kcal/fl oz	Powder to add*, g Water to add, mL									
20 kcal/fl oz	Powder	16.1	32	48	64	80	96	113	129	134
	Water	108	215	323	431	538	646	753	861	897
22 kcal/fl oz	Powder	17.6	35	53	71	88	106	123	141	147
	Water	106	213	319	426	532	639	745	852	887
24 kcal/fl oz	Powder	19.3	39	58	77	97	116	135	155	161
	Water	105	210	315	420	526	631	736	841	876
27 kcal/fl oz	Powder	22	43	65	87	109	130	152	174	181
	Water	103	207	310	413	517	620	723	827	861
30 kcal/fl oz	Powder	24	48	72	96	121	145	169	193	201
	Water	101	203	304	406	507	608	710	811	845

*Powders mix best when added on top of water.