

Enfamil® Enspire™ Optimum Infant Formula

Amino Acids

Amino Acid	mg / 100 Cal	mg / 100 mL ¹	mg / 100 g*
Arginine	74	50	380
Histidine	53	36	270
Isoleucine	120	81	620
Leucine	220	151	1140
Lysine	200	132	1000
Methionine	53	36	270
Cysteine	39	26	200
Phenylalanine	90	61	460
Tyrosine	67	45	350
Threonine	124	84	640
Tryptophan	29	20	151
Valine	130	88	670
Alanine	101	68	520
Aspartic acid	200	133	1020
Glutamic acid	400	270	2100
Glycine	42	28	220
Proline	160	108	820
Serine	116	78	590

¹ At 20 Cal/fl oz

*Powder only

Source of protein: 55% whey protein concentrate, 44% Nonfat milk, 0.71% lactoferrin.