

Enfamil® Optimum™ Gentlelease® Infant Formula
Formula Powder
Yields about 1 Quart

NOTE: Powdered products are not commercially sterile and should not be used for premature infants or immunocompromised patients unless clinically required, and then under strict medical supervision of preparation and use.

| Calories Desired Kcal/fl oz | Amount of Powder Grams (Approximate Household Measures*) | Amount of Water Fluid Ounces |
|--------------------------------|--|---------------------------------|
| 5 | 31 g (1/4 cup) | 31 |
| 10 | 63 g (1/2 cup + 1 tsp) | 30.5 |
| 15 | 94 g (3/4 cup + 1 tsp) | 29.5 |
| 20 | 125 g (1 cup + 1/2 Tbsp) | 28.5 |
| 22 | 138 g (1 cup + 2 Tbsp + 1 tsp) | 28.5 |
| 24 | 151 g (1 1/4 cup) | 28 |
| 26 | 163 g (1 cup + 1/3 cup + 1 tsp) | 28 |
| 27 | 169 g (1 cup + 1/3 cup + 1 Tbsp) | 27.5 |
| 28 | 176 (1 cup + 1/3 cup + 2 Tbsp) | 27.5 |
| 30 | 188 (1 1/2 cup + 1 Tbsp) | 27 |

*Household measures of Enfamil® Enspire™ Gentlelease® should be unpacked, level, standard measures.

Weighing powder product provides the most accurate final preparation. Approximate household measurements are provided as a convenience when a precise dilution is not required.

One unpacked level household measuring cup of Enfamil® Optimum™ Gentlelease® provides 121 grams of powder and 620 Calories.

One-half fluid ounce of water can be measured using one Tablespoon (1 Tbsp water=1/2 fl oz water).

