Infant and Toddler Powder Formula Preparation Reference Guide

Powder products are not commercially sterile and should not be used for premature or immune-compromised patients, unless clinically required, and then under strict medical supervision of preparation and use.

Enfamil® Products	Scoop (g)	Scoop (Cal)	Cal per g pwd	Protein (g/scoop)	Measuring Cup (g)	Tbsp (g)*	Tsp (g)*	Displacement (mL/g)
Enspire™/Optimum™	8.8	45	5.1	0.95	121	7.6	2.5	0.77
Enspire™/Optimum™ Gentlease®	8.7	44	5.1	1.02	113	7.1	2.4	0.77
Infant	8.8	44	5.1	0.89	121	7.6	2.5	0.77
NeuroPro™	8.8	44	5.1	0.93	121	7.6	2.5	0.77
Gentlease®	8.7	44	5.1	1.02	113	7.1	2.4	0.77
NeuroPro™ Gentlease®	8.7	45	5.1	1.03	114	7.1	2.4	0.77
Enfamil A.R.™	9	45	5	1.13	112	7	2.3	0.76
NeuroPro™ EnfaCare®	9.8	49	5	1.37	110	6.9	2.3	0.78
Reguline®	8.7	44	5.1	1.02	113	7.1	2.4	0.77
Prosobee®	8.8	45	5.1	1.12	121	7.6	2.5	0.77
Hypoallergenic Products	**Scoop (g)**	**Scoop (Cal)**	**Cal per g pwd**	**Protein (g/scoop)**	**Measuring Cup (g)**	**Tbsp (g)***	**Tsp (g)***	**Displacement (mL/g)**
Nutramigen® with Probiotic LGG®	9†	45	5	1.26	101†	6.3†	2.1†	0.78
Nutramigen® with Probiotic LGG® Toddler	9.3†	45	4.8	1.12	116†	7.2†	2.4†	0.74
PurAmino™	4.5	23	5	0.63	121	7.6	2.5	0.77
PurAmino™ Jr Unflavored	7.3†	36	4.9	1.13	136†	8.5†	2.8†	0.77
PurAmino™ Jr Vanilla	7.3†	36	4.9	1.13	136†	8.5†	2.8†	0.77
Pregestimil®	8.9†	45	5	1.25	140†	8.8†	2.9†	0.78

When accuracy is essential, gram measurements should be used. Household measurements are provided for convenience when larger variance in prepared concentration/dilution is acceptable.
*Grams (g) per Tablespoon and g per teaspoon are extrapolated from g per cup.
†Packed level measure – all others are unpacked level measures.