breakfast

Served before 11am

## CREATE YOUR OWN FULL ENGLISH

Choose four items for 7.00

sausage 168 kcal | bacon 97 kcal | beans (VG) 42 kcal | mushroom (VG) 54 kcal | egg (V) (fried 121 kcal or scrambled 137 kcal) | tomatoes (VG) 51 kcal | slice of sourdough toast with butter 195 kcal or flora (VG) 183 kcal

6.00

### EGGS ON TOAST (V)

Your choice of fried 316 kcal or scrambled 560 kcal egg on buttered sourdough toast

### CREAMY PORRIDGE (V)

3.50

Made with your choice of water 111 kcal, coconut 144 kcal or semi-skimmed milk 159 kcal

berries & honey +42 kcal 1.00

# mains

Served after 11am

3.50

### PASTA WITH HIDDEN

VEGGIES (V) 300 kcal

Pasta in a rich cheesy tomato sauce, packed full of hidden veggies

7.50 SAUSAGE & MASH 521 kcal

9.00

Served with baked beans

MUSHROOMS ON TOAST (VG) 175 kcal 7.50 Mushroom medley on sourdough toast

## drinks

MINERAL WATER 0 kcal
Still or sparkling

FRESH ORANGE JUICE 84 kcgl 3.25

JUICE 2.50

Apple 83 kcal, orange 81 kcal,

pineapple 109 kcal or tomato 45 kcal

SQUASH 3 kcal 1.00

Orange or blackcurrant

dessert

VANILLA ICE CREAM (V)
215 kcal | 4.25

ALLERGEN INFO: Visit www.restaurantallergens.com/hawkerbar or ask to see our interactive allergen iPad menu. We follow strict hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff if you have any food allergies or intolerance. 

(V) dishes are made from ingredients which do not contain meat or fish. (VG) dishes are made from ingredients that do not contain any animal products. However, we do not have dedicated preparation or cooking areas within our kitchen for vegetarian or vegan food. Not all ingredients are shown in the dish descriptions. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a \*1-20% variance on published calorie values.

For the latest calorie information please visit our website I 0424