

Nutramigen 3 LGG® Datacard



Description

Nutramigen 3 LGG® is specially designed for toddlers with cow's milk allergy. Nutramigen 3 LGG® is an extensively hydrolysed hypoallergenic formula designed to supply the nutrients your toddler's needs, as part of a weaning diet. Nutramigen contains a unique combination of extensively hydrolysed casein proteins and *Lactobacillus rhamnosus* (LGG®) that helps improve the dietary management of cow's milk allergy.

Nutramigen 3 LGG® is suitable from 1 year onwards and should be used as part of a weaning diet.

Nutramigen 3 LGG® is a Food for Special Medical Purposes and must be used under medical supervision. Nutramigen 3 LGG® is lactose free.

Indications

Nutramigen 3 LGG® is ACBS approved and prescribable on form FP10 (GP10 in Scotland) for the dietary management of cow's milk allergy.

Pack formats and product codes

Nutramigen 3 LGG® is available in a powder format. 400 g tins are supplied in cases of 6; the product PIP code is 406-4325.

Important feeding information

Warning: For the toddler's health, we suggest advising parents to carefully follow the instructions for preparation and use. Proper hygiene, preparation, dilution, use and storage are important when preparing formula. Advise parents not to use a microwave to warm formula. **Failure to follow these instructions could result in severe harm.** Not for intravenous use.

Ingredients

Glucose syrup, vegetable oils (palm olein, coconut, soy, high oleic sunflower), extensively hydrolysed casein (from milk), fructose, modified corn starch, calcium citrate, potassium citrate, calcium phosphate, magnesium phosphate, potassium chloride, oil from the microalgae Schizochytrium sp., choline chloride, sodium citrate, flavourings (vanilla), ferrous sulphate, *Lactobacillus rhamnosus* LGG bacteria culture (0.02%), zinc

sulphate, L-carnitine, vitamin E (DLalpha tocopheryl acetate), niacin (nicotinamide), vitamin C (ascorbyl palmitate, ascorbic acid), pantothenic acid (calcium pantothenate), vitamin A (retinyl palmitate), cupric sulphate, riboflavin, vitamin B6 (pyridoxine hydrochloride), thiamin (thiamin hydrochloride), manganese sulphate, folic acid, sodium iodide, chromic chloride, sodium molybdate, sodium selenite, vitamin K (phytomenadione), biotin (D-biotin), vitamin D (cholecalciferol), vitamin B12 (cyanocobalamin).

Dietary information

Nutramigen 3 LGG® is not suitable for vegans or those who follow a halal or kosher diet.

Due to the formulation of Nutramigen, parents may notice that their toddler's stools become looser and green in colour.

Contra-indications

Nutramigen 3 LGG® is not recommended for premature and immunocompromised toddlers unless directed and supervised by a healthcare professional.

Important notice

Breastfeeding is best. The decision to discontinue breastfeeding may be difficult to reverse and the introduction of partial bottle-feeding may reduce breast milk supply. The financial benefits of breastfeeding should be considered before formula feeding is initiated. Failure to follow preparation instructions carefully may be harmful to the toddler's health. Parents should always be advised by an independent healthcare professional regarding toddler feeding. Products of Mead Johnson must be used under medical supervision.

For more information visit:
www.hcp.nutramigen.co.uk

Or contact the Mead Johnson Careline
(+44 (0) 1895 230575)



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>1 year

Nutramigen 3 LGG®

Nutrients	Unit	Per 100 g	Per 100 ml
Energy	kJ (kcal)	2100 (500)	280 (68)
Fat of which:	g	25	3.4
– Saturates	g	10.5	1.42
– Linoleic acid	g	4	0.54
– α-Linolenic acid	mg	330	45
– Arachidonic acid	mg	170	23
– Docosahexaenoic acid	mg	115	15.5
Carbohydrate of which:	g	57	7.7
– Sugars	g	26	3.5
Protein	g	11.5	1.55
Salt	g	0.44	0.06
Vitamins			
Vitamin A	µg	480	65
Vitamin D	µg	12.5	1.7
Vitamin E	mg	7.7	1.04
Vitamin K	µg	40	5.4
Vitamin C	mg	55	7.4
Thiamin	mg	0.5	0.068
Riboflavin	mg	0.9	0.122
Niacin	mg	7.9	1.07
Vitamin B6	mg	0.75	0.101
Folic acid	µg	110	14.9
Vitamin B12	µg	1.05	0.142
Biotin	µg	175	2.4
Pantothenic acid	mg	3.9	0.52
Minerals			
Sodium	mg (mmol)	175 (7.6)	24 (1.03)
Potassium	mg (mmol)	700 (17.9)	95 (2.4)
Chloride	mg (mmol)	350 (9.9)	47 (1.33)
Calcium	mg (mmol)	750 (18.7)	101 (2.5)
Phosphorus	mg (mmol)	350 (11.3)	47 (1.52)
Magnesium	mg (mmol)	60 (2.5)	8.1 (0.33)
Iron	mg	8	1.08
Zinc	mg	5.5	0.74
Copper	mg	0.38	0.051
Manganese	mg	0.3	0.041
Selenium	µg	20	2.7
Chromium	µg	15	2
Molybdenum	µg	21	2.8
Others			
Iodine	µg	115	15.5
Choline	mg	120	16.2
Carnitine	mg	11	1.49
Osmolarity	mOsm/L	270	
Osmolality	mOsm/Kg	300	

Storage instructions

Powder storage: Store tin in a cool dry place. After opening, keep tightly covered, store in a dry area and use contents within 1 month. Do not freeze powder and avoid excessive heat.

Shelf life: 24 months from date of manufacture. Use within 1 month of opening.

Feeding guidelines

Age	Bottles/24h	Water (ml)	+ Scoops*	Average ml of feeding
>1 year	2	210	7	230

*Only use scoop in tin to measure powder. 1 level scoop (4.5 g) to each 30 ml of water. Do not press powder into scoop and level off with the back of a clean and dry knife. Standard concentration 13.5%.

Instructions for preparation and use

We recommend adherence to the following points to ensure correct preparation:



1. Wash hands and sterilise all utensils according to manufacturer's instructions.



2. Boil fresh water. Cool down to room temperature. **Do not use softened water.** Pour desired amount of water into clean bottle.



3. Add required number of **level** scoops of powder (see feeding guidelines). Store **dry** scoop in the can.



4. Close bottle, roll and **shake well** until powder dissolves completely (**approx. 1 minute**). Check temperature on inside of your wrist.



5. **Once prepared, formula can spoil quickly. Feed immediately after preparation** or cover and store in a refrigerator at 2–4°C for no longer than 24 hours. **Do not freeze prepared formula** and do not use if unrefrigerated for more than a total of 2 hours. Use formula that has been in contact with the infant's mouth within 1 hour and do not refrigerate. Throw away prepared formula left in bottle and clean utensils.



>1 year