

# Nutramigen 1 LGG® Datacard



## Description

Nutramigen 1 LGG is an extensively hydrolysed hypoallergenic formula designed to meet the daily needs of infants with cow's milk allergy. It is nutritionally complete from 0 - 6 months and as part of a weaning diet from 6 months onwards. Nutramigen contains a unique combination of extensively hydrolysed casein proteins and *Lactobacillus rhamnosus* (LGG®) that helps improve the dietary management of cow's milk allergy.

Breastfeeding provides the best nutrition for babies. Nutramigen 1 LGG® is suitable for infants from birth, when not breastfed. It is intended for the dietary management of cow's milk allergy and can be used as sole source of nutrition, and/or as part of a balanced diet from 6 months onward.

Nutramigen 1 LGG® is a Food for Special Medical Purposes and must be used under medical supervision. Nutramigen 1 LGG® is lactose free.

## Indications

Nutramigen 1 LGG® is ACBS approved and prescribable on form FP10 (GP10 in Scotland) for the dietary management of cow's milk allergy.

## Pack formats and product codes

Nutramigen 1 LGG® is available in a powder format. 400 g tins are supplied in cases of 6; the product PIP code is 019-8861.

## Important feeding information

**Warning:** For the infant's health, we suggest advising parents to carefully follow the instructions for preparation and use. Proper hygiene, preparation, dilution, use and storage are important when preparing formula. Advise parents not to use a microwave to warm formula. Failure to follow these instructions could result in severe harm. Not for parenteral use (for enteral use only)

## Ingredients

Glucose syrup, vegetable oils (palm olein, coconut, soy, high oleic sunflower), extensively hydrolysed casein (from milk), modified corn starch, calcium citrate, potassium phosphate, calcium phosphate, oil from *Mortierella alpina*, potassium chloride, magnesium phosphate, oil from the microalgae *Schizochytrium* sp., choline chloride, sodium chloride, L-cystine, inositol, ascorbic acid, L-tyrosine, L-tryptophan, taurine, ferrous

sulfate, *Lactobacillus rhamnosus* (LGG®) bacteria culture (0.02%), L-carnitine, DL-alpha tocopheryl acetate, zinc sulfate, ascorbyl palmitate, nicotinamide, retinyl palmitate, calcium pantothenate, cupric sulfate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, manganese sulfate, sodium iodide, folic acid, sodium molybdate, phytomenadione, chromic chloride, sodium selenite, D-biotin, cholecalciferol, cyanocobalamin.

## Dietary information

Nutramigen 1 LGG® is not suitable for vegans or those who follow a halal or kosher diet.

Due to the formulation of Nutramigen, parents may notice that their infant's stools become looser and green in colour.

## Contra-indications

Nutramigen 1 LGG® is not recommended for premature and immunocompromised infants unless directed and supervised by a healthcare professional.

## Important notice

**Breastfeeding is best for babies.** The decision to discontinue breastfeeding may be difficult to reverse and the introduction of partial bottle-feeding may reduce breast milk supply. The financial benefits of breastfeeding should be considered before formula feeding is initiated. Failure to follow preparation instructions carefully may be harmful to the infant's health. Parents should always be advised by an independent healthcare professional regarding infant feeding. Products of Mead Johnson must be used under medical supervision.

For more information visit:  
[www.hcp.nutramigen.co.uk](http://www.hcp.nutramigen.co.uk)

Or contact the Mead Johnson Careline  
(+44 (0) 1895 230575)



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From birth

## Nutramigen 1 LGG®

Nutrients	Unit	Per 100 g	Per 100 ml
Energy	kJ (kcal)	2098 (501)	284 (68)
Fat of which:	g	25	3.4
– Saturates	g	10	1.35
– Linoleic acid	g	4	0.54
– $\alpha$ -linolenic acid	mg	350	47
– Arachidonic acid	mg	145	19.5
– Docosahexaenoic acid	mg	115	15.5
Carbohydrate of which:	g	55	7.4
– Sugars	g	5.7	0.77
Protein	g	14	1.88
Salt	g	0.6	0.08
<b>Vitamins</b>			
Vitamin A, RE	$\mu$ g	450	61
Vitamin D	$\mu$ g	12.5	1.68
Vitamin E, $\alpha$ -tocopherol	mg	4.5	0.61
Vitamin K	$\mu$ g	65	8.7
Vitamin C	mg	60	8.1
Thiamine	mg	0.4	0.054
Riboflavin	mg	0.45	0.061
Niacin	mg	5	0.67
Vitamin B6	mg	0.3	0.04
Folate, DFE	$\mu$ g	135	18.2
Folic acid	$\mu$ g	80	10.8
Vitamin B12	$\mu$ g	1.5	0.2
Biotin	$\mu$ g	15	2
Pantothenic acid	mg	2.5	0.34
<b>Minerals</b>			
Sodium	mg (mmol)	240 (10.2)	32 (1.37)
Potassium	mg (mmol)	610 (15.6)	82 (2.1)
Chloride	mg (mmol)	480 (13.5)	65 (1.82)
Calcium	mg (mmol)	570 (14.1)	76 (1.9)
Phosphorus	mg (mmol)	390 (12.6)	52 (1.69)
Magnesium	mg (mmol)	38 (1.54)	5 (0.21)
Iron	mg	9	1.21
Zinc	mg	3.5	0.47
Copper	mg	0.38	0.05
Manganese	mg	0.125	0.017
Selenium	$\mu$ g	17.5	2.4
Chromium	$\mu$ g	11	1.48
Molybdenum	$\mu$ g	28	3.8
<b>Others</b>			
Iodine	$\mu$ g	115	15.5
Choline	mg	165	22
Inositol	mg	85	11.4
L-Carnitine	mg	12.5	1.68
Taurine	mg	30	4
Osmolarity	mOsm/L	270	
Osmolality	mOsm/Kg water	300	

## Storage instructions

**Powder storage:** Store tin in a cool dry place. After opening, keep tightly covered, store in a dry area and use contents within 1 month. Do not freeze powder and avoid excessive heat.

**Shelf life:** 24 months from date of manufacture. Use within 1 month of opening.

## Feeding guidelines

Age	Approx weight	Bottles/24h	Water (ml)	+ Scoops*
0–2 weeks	<3–3.5 Kg	6	90	3
2–4 weeks	3.5–4 Kg	5–6	120	4
1–2 months	4–5 Kg	5	150	5
2–4 months	5–6.5 Kg	4–5	180	6
4–6 months	>6.5 Kg	4	210	7
6–12 months	-	2–3	210	7
>1 year	-	2	210	7

\*Only use scoop in tin to measure powder. 1 level scoop (4.5 g) to each 30 ml of water. Do not press powder into scoop and level off with the back of a clean and dry knife. Standard concentration 13.5%.

## Instructions for preparation and use

We recommend adherence to the following points to ensure correct preparation:



1. Wash hands and sterilise all utensils according to manufacturer's instructions



2. Boil fresh water. Cool down to room temperature. Do not use softened water. Pour desired amount of water into clean bottle.



3. Add required number of level scoops of powder (see feeding guidelines). Store dry scoop in the can.



4. Close bottle, roll and shake well until powder dissolves completely (approx. 1 minute). Check temperature on inside of your wrist.



5. Once prepared, formula can spoil quickly. Feed immediately after preparation or cover and store in a refrigerator at 2–4°C for no longer than 24 hours. Do not freeze prepared formula and do not use if unrefrigerated for more than a total of 2 hours. Use formula that has been in contact with the infant's mouth within 1 hour and do not refrigerate. Throw away prepared formula left in bottle and clean utensils.



From birth