

O NOSSO MENU

SOPAS *SOUPS*

SOPA DO DIA •♦• 3€
SOUP OF THE DAY

PEIXE *FISH OPTIONS*

BACALHAU COM NATAS À MADRE BRÔA •♦• 15€
COM SALADA MEDITERRÂNICA AROMATIZADA
COM VINAGRETE BALSÂMICO
*ROASTED CREAMY COD FISH WITH A CORN BREAD CRUST,
SERVED WITH MEDITERRANEAN SALAD SEASONED
WITH BALSAMIC VINAGRAITE*

CHOCO FRITO •♦• 16€
COM ARROZ DE FEIJÃO E SALADA MISTA
FRIED CUTTLEFISH, RICE WITH BEANS AND MIXED SALAD

DOURADA GRELHADA •♦• 17€
COM BATATA COZIDA E LEGUMES SALTEADOS
GRILLED SEA BREAM, BOILED POTATOES, SAUTÉED VEGETABLES

POLVO À LAGAREIRO EM "PICA-PAU" •♦• 18€
COM BATATA A MURRO E COUVE SALTEADA
*OCTOPUS "LAGAREIRO STYLE" IN OLIVE OIL SERVED
WITH BAKED POTATOES AND SAUTÉED CABBAGE*

ARROZ À PESCADOR •♦• 19€
"CHERNE, TAMBORIL, MARUCA, LULAS,
BACALHAU, AMÊIJOA, CAMARÃO"
*RICE FISHERMAN, "GROUPER, MONKFISH,
LING, SQUID, COD FISH, CLAMS, SHRIMP"*

BACALHAU À LAGAREIRO •♦• 21€
COM BATATA A MURRO E COUVE LOMBARDO SALTEADA
*ROASTED COD FISH SERVED WITH TRADITIONAL STYLE "A MURRO"
BAKED POTATOES, SAUTÉED CABBAGE*

VEGETARIANO *VEGETARIAN*

COGUMELO PORTOBELLO GRATINADO
COM QUEIJO DA ILHA S. JORGE •♦• 17€
RECHEADO C/ SALTEADO DE LEGUMES PROVENÇAL,
BATATA FRITA E SALADA IBÉRICA
*SAUTEED VEGETABLES STUFFED PORTOBELLO MUSHROOM GRATIN WITH
AZORES CHEESE SERVED WITH FRENCH FRIES AND IBERIAN SALAD*

SALADAS *SALADS*

SALADA DE PRESUNTO IBÉRICO
& QUEIJO PHILADELPHIA •♦• 15€
MISTO DE ALFACES E RÚCULA, TOMATE, CEBOLA, CROUTONS,
AZEITONAS, FRUTOS SECOS E PASSAS, CREME BALSÂMICO
*IBERIAN HAM & PHILADELPHIA CHEESE SALAD, MIXED
LETTUCE AND ARUGULA, TOMATO, ONION, CROUTONS,
OLIVES, DRIED FRUIT AND RAISINS, BALSAMIC CREAM*

SALADA DE FRANGO •♦• 15€
BRÓCOLOS, MASSA, AMÊNDOA, MISTO
DE ALFACES E RÚCULA, NOZES, PASSAS DE UVA,
MAIONESE, MEL E MOSTARDA
*CHICKEN, BROCCOLI AND PASTA SALAD, ALMONDS,
MIXED LETTUCE AND ARUGULA, WALNUTS, RAISINS,
MAYONNAISE, HONEY AND MUSTARD*

CARNE *MEAT OPTIONS*

BITOQUE À PORTUGUESA •♦• 14€
BITOQUE DE VACA COM OVO A CAVALO,
BATATA FRITA À RODELA "PALA-PALA" NA FRIGIDEIRA
MINUTE BEEF STEAK WITH TOPED EGG AND CHIPS

LOMBINHOS DE PORCO
COM COGUMELOS •♦• 14€
MOLHO DE NATAS E BATATA FRITA
PORK FILLETS WITH MUSHROOMS, CREAM SAUCE, FRENCH FRIES

BIFE À FARNEL •♦• 19€
BIFE DA VAZIA DE NOVILHO NA FRIGIDEIRA
COM MOLHO DE NATAS, BACON E COGUMELOS
COM BATATA FRITA À RODELA
*SIGNATURE STEAK "FARNEL", FRIED BEEF STEAK WITH CREAM
SAUCE, BACON, AND MUSHROOMS WITH SIDE CRIPS*

GRELHADOS SERVIDOS NA TÁBUA *GRILLED SERVED ON WOOD BOARD*

PEITO DE FRANGO GRELHADO •♦• 15€
COM BATATA DOCE FRITA, MOLHO ROSA E SALADA MISTA
*GRILLED CHICKEN STEAK, SERVED WITH
SWEET POTATO FRIES, PINK SAUCE AND MIXED SALAD*

BIFE DA VAZIA DE NOVILHO
GRELHADO •♦• 17€
COM BATATA FRITA, SERVIDO COM MANTEIGA
DE ALHO E COENTROS
*GRILLED SIRLOIN STEAK, WITH FRENCH FRIES,
SERVED WITH BUTTER AND GARLIC SAUCE*

PICANHA DA AMÉRICA
DO SUL GRELHADA •♦• 19€
COM BATATA FRITA, ARROZ E FEIJÃO PRETO COM BACON
*RUMP STEAK, FRENCH FRIES, WHITE RICE
AND BLACK BEANS WITH BACON*

FILÉ MIGNON GRELHADO
COM CAMARÃO •♦• 23€
BIFE DO LOMBO DE VITELA GRELHADO
COM CAMARÃO E BATATA FRITA
*GRILLED FILET MIGNON WITH GRILLED SHRIMP
AND FRENCH FRIES*

GRELHADOS SERVIDOS NA TELHA *GRILLED SERVED ON THE TILE*

GRELHADA MISTA DE PORCO
PRETO E NOVILHO NA TELHA
1 PAX-22€ •♦• 2 PAX-38€
COM FRUTAS TROPICAIS, BATATA FRITA, MIGAS DE PÃO
COM CHOURIÇO E COUVE, SALADA MISTA
*MIX GRILL WITH IBERIAN PORK SLICES AND BEEF SERVED ON THE
TILE WITH TROPICAL FRUIT, FRENCH FRIES, "MIGAS" (FRIED BREAD
CRUMBS MIX WITH SAUSAGE AND CABBAGE) AND MIXED SALAD*

O FARNEL

