



PORTELA

à volta do café



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	Bebidas Quentes Hot Drinks		
	Espresso <i>Portuguese Coffee</i>	0,90€	
	Espresso Duplo <i>Portuguese Double Coffee</i>	1,80€	
	Cappuccino	3,90€	
	Babyccino	1,65€	
	Latte Macchiato Grande/Large Aromatizado/Aromatized Chocolate	3,90€ 4,30€ 4,70€	
	Mocha	4,70€	
	Latte Brûlée	4,95€	
	Café de Filtro* <i>Filter Coffee</i>	2,75€	
	French Press <i>Brew Coffee French press</i>	4,40€	
	Chocolate Quente Premium <i>Hot Chocolate</i>	4,50€	
	Chás e Infusões <i>Tea Selection</i>	1,55€	
	Chai Tea	3,25€	
	Chai Tea Latte	4,25€	



	Bebidas Frias Cold Drinks		
	Affogato Gelado e Café <i>Ice Cream & Coffee</i>	4,25€	
	Café Gelado <i>Iced Coffee</i>	3,60€	
	Chá Gelado <i>Iced Tea</i>	2,75€	
	Iced Latte	4,25€	
	Sumo de Laranja <i>Orange Juice</i>	2,95€	
	Sumos Naturais <i>Natural Juices</i>	3,00€	
	Smoothies Energia Tropical	6,00€	
	Aquela Kombucha Original Bio Gengibre Bio Hortelã Pimenta Bio Citrus Tropical Bio	4,00€	



	Refeições Ligeiras Light Meals	
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	TORRICADOS NO PÃO	
	Azeite, Alho e Tomate  <i>Olive Oil, Garlic, Tomato</i>	3,50€
	Abacate e Ovo <i>Avocado & Egg</i>	7,10€
	Salmão Fumado, Queijo Creme e Rúcula <i>Smoked Salmon, Cream Cheese & arugula</i>	9,65€
	Ovo Escalfado, Abacate, Bacon com Molho Hollandaise <i>Poached Egg, Avocado, Bacon with Hollandaise Sauce</i>	8,75€



	OVOS EGGS	
	Mexidos no pão <i>Scrambled on Bread</i>	4,65€
	WRAPS	
	Alface, Atum* e Tomate Cherry <i>Lettuce, Tuna Paste & Cherry Tomato</i> *Pasta de atum ou simples <i>Tuna paste or plain</i>	6,95€
	Ovo, Queijo e Tomate Cherry <i>Egg, Cheese & Cherry Tomato</i>	6,95€
	Salmão fumado e queijo creme <i>Salmon with Cream Cheese</i>	7,95€



	BOWLS	
	Mediterrânea 9.65€ Couscous, Curgete, Cenoura, Cebola Roxa, Espinafre baby, Ovo escalfado, Tomate, Cogumelo Branco, Queijo Creme, Azeite vermelho, Caju Torrado sem Sal. <i>Couscous, Courgette, Carrot, Red Onion, Baby Spinach, Poached Egg, Tomato, White Mushroom, Cream Cheese, Red olive oil.</i> Vegan c/ azeite vermelho 7.95€  Alface, Rúcula, Cenoura, Rabanete, Cebola roxa, Espinafre baby, Pepino, Tomate cherry, Tomate grelhado, Croutons, Azeite vermelho. <i>Lettuce, Rocket, Carrot, Radish, Red onion, Baby spinach, Cucumber, Cherry tomato, Grilled tomato, Croutons, Red olive oil.</i> Benedict 8.95€ Alface, Rúcula, Cenoura, Rabanete, Cebola roxa, Espinafre baby, Ovo escalfado, Tomate cherry, Abacate, Amendoim torrado, Malagueta, Molho hollandaise. <i>Lettuce, Rocket, Carrot, Radish, Red onion, Baby spinach, Poached egg, Cherry tomato, Avocado, Roasted peanuts, Chilli, Hollandaise sauce.</i> Açaí* 8,25€ <i>Açaí</i> Iogurte 5,45€ <i>Yogurt</i> *Com fruta e granola caseira <i>with fruit & homemade granola</i>	



	SALADAS SALADS	
	Camponesa 8,55€ Alface, Azeitonas, Cenoura, Fiambre, Maçã, Milho, Ovo, Queijo e Tomate <i>Lettuce, Olives, Carrot, Ham, Apple, Corn, Egg, Cheese & Tomato</i> Marítima 8,55€ Alface, Atum, Ovo, Azeitonas, Cenoura, Milho e Tomate <i>Lettuce, Tuna, Egg, Olives, Carrot, Corn & Tomato</i> Lusitânia 9,85€ Alface, Peito de Perú Fumado, Azeitonas, Cenoura, Milho e Tomate <i>Lettuce, Smoked Turkey Breast, Olives, Carrot, Corn & Tomato</i> Primavera 9,85€ Alface, Salmão Fumado, Queijo Creme, Cenoura e Ananás <i>Lettuce, Smoked Salmon, Cream Cheese, Carrot & Pineapple</i>	
	TOSTAS TOAST	
	Mista em Pão Saloio 3,50€ <i>Ham & Cheese in Rustic Bread</i> Pasta de Atum, Alface e Tomate 6,95€ <i>Tuna Past, Lettuce & Tomato</i> Humus, Alface e Tomate 6,55€  <i>Humus, Lettuce & Tomato</i> Torradas Pão Saloio 2,50€ <i>Toast in Rustic Bread</i> SOPA 2,95€ <i>Soup</i>	

	SANDWICHES	
	Turkey 7,95€ Peito de Perú Fatiado, Maionese, Mostarda e Rúcula ou Alface <i>Sliced Turkey Breast, Mayonnaise, Mostard and Arugula or Lettuce</i> Tuna 6,90€ Pasta de Atum, Tomate e Rúcula ou Alface <i>Tuna Paste, Tomato and Arugula or Lettuce</i> New York 5,95€ Ovo, Maionese, Mostarda e Rúcula ou Alface <i>Egg, Mayonnaise, Mostard and Arugula or Lettuce</i> Smokery 8,50€ Pão Integral, Queijo Creme, Salmão Fumado e Rúcula ou Alface <i>Brown Bread, Cream Cheese, Smoked Salmon and Arugula or Lettuce</i> Green Smokery 8,50€ Salmão, Abacate, Rúcula ou Alface <i>Salmon, Avocado, Arugula or Lettuce</i> American 6,45€ Ovo, Queijo, Fiambre, Alface, Tomate e Maionese <i>Egg, Cheese, Ham, Lettuce, Tomato & Mayonnaise</i>	
		

					
Espresso	Filtro	Italiana	Balão	French press	V60

	BRUNCH	
	SALMÃO 17,80€ Latte / Chá / Cappuccino / Café Americano <i>Latte / Tea / Cappuccino / American Coffee</i> Sumo de Laranja Natural / Sumo do Dia <i>Orange Juice / Juice of the Day</i> Pão de Água, Croissant Francês, Manteiga, Compota <i>Rustic Bread, French Croissant, Butter, Jam</i> Salmão, Ovos Mexidos e Rúcula <i>Salmon, Scrambled Eggs & Arugula</i> logurte, Fruta e Granola Caseira <i>Yogurt, Fruit and Homemade Granola</i>	
	CONTINENTAL 15,70€ Latte / Chá / Cappuccino / Café Americano <i>Latte / Tea / Cappuccino / American Coffee</i> Sumo de Laranja Natural / Sumo do Dia <i>Orange Juice / Juice of the Day</i> Pão de Água, Croissant Francês, Manteiga, Compota <i>Rustic Bread, French Croissant, Butter, Jam</i> Ovos Mexidos, Queijo, Fiambre e Rúcula <i>Scrambled Eggs, Cheese, Ham & Arugula</i> logurte, Fruta e Granola Caseira <i>Yogurt, Fruit & Homemade Granola</i>	



Para adoçar To sweeten

CREPE WAFFLE	
Topping (Chocolate ou Mel) 4,45€ <i>Topping Chocolate or Honey</i>	
Topping + 1 Bola de Gelado e granola 6.55€ <i>Topping Chocolate or Honey, Ice-Cream Ball & home made granola</i>	



	Bolos à Fatia Sliced Cakes	
	Pão de ló de Ovo ou chocolate 3,95€ <i>Chocolate or Egg sponge cake</i> Delicioso 3,80€ <i>Chocolate com creme de ganache</i> <i>Ganache Chocolate with Cream</i> Tarte de Amêndoa 2,75€ <i>Almond Pie</i> Cheesecake com Morango 2,50€ <i>Strawberry Cheesecake</i> Tarte de Maçã e Noz Pecan 4,50€ <i>Apple Pie with Pecan Nut</i> Derrete na Boca 2,50€ <i>Melted Chocolate</i>	



A TORRAR
E A SERVIR CAFÉ
DESDE

19



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Uma Casa Torrefatora